

# NORTHWOODS

## STEWARDSHIP CENTER

Calendar of Events

Summer 2010

### May

**Paddle the Kingdom: Black River, Friday, May 7, 10am, \$10**

If you enjoyed our Ski the Kingdom Series this winter, you will love our summer paddling series beginning with a float down the Black River in Irasburg and Coventry. Cost is \$10/person, \$30 with canoe rental. Call for information.

**Northeast Kingdom Mountain Trail Guide Book Release**

Sat, May 15, 4pm- Galaxy Bookshop in Hardwick; Fri, May 21, 6pm- Woodknot Bookshop in Newport; Fri, May 28, 5pm- Green Mountain Books in Lyndonville  
Join NorthWoods for the release of the Northeast Kingdom Mountain Trail Guide, written by Luke O'Brien with maps by Melissa Dyer, featuring detailed trail information, maps, photos and historical accounts. Events include a brief presentation, author signings, and an optional trail walk.

**Spring Birds Series: NorthWoods, Saturday, May 15, 7am- 10am, \$10**

Can't tell a swallow from a sparrow? Learn the songs, sights, habits, and habitats of our feathered summer visitors during this leisurely walk. We will visit prime habitats, featuring early-successional forest, a beaver pond, and coniferous forest. Binoculars and field guides available, bring rubber boots.

**Wise on Weeds, Tuesday, May 18 7pm, \$5**

Sarah Damsell, Agriculture Resources Specialist for the Natural Resources Conservation District, will present the Vermont Nature Conservancy Wise on Weeds program. Learn how to identify invasive species, how they spread, and why they are a threat to biodiversity.

**Spring Birds Series: Nulhegan Basin, Saturday, May 22 7am- 10am, \$10**

Can't tell a bay-breasted warbler from a black-backed woodpecker? Explore Moose Bog, observe a diversity of bird species, and learn identification by sight and song. Habitats include boreal, bog, and coniferous forest. Directions available upon registration. Binoculars and field guides are available.

**Forest Management Tour, Saturday, May 22, 9am- 1pm, \$10**

Al Robertson has been steadily improving his 65 acre woodlot in Sheffield since 1979 and is involved with the Vermont Woodlands Association and Tree Farm program. Highlights of this tour will include a large vernal pool, several ponds, spruce/fir management, an extensive road/trail system, and small-scale harvest and forwarding equipment. *Co-sponsored by Vermont Coverts.*

**Power for Change: Renewable Energy Teacher Training**

Wednesday, May 26, 9am- 3 pm, \$50

NorthWoods' recently published *Power for Change* Energy Curriculum; training introduces lessons from the curriculum, classroom tool kits (available for check-out), and a case study of the renewable energy systems used by NorthWoods. Professional development credit certificates available. Price includes new 220-page curriculum handbook. Registration required.

**Full Moon Paddle, Thursday, May 27, 7pm, \$10**

Spring's full moon reflected in the placid waters of the Clyde River is a wonder to behold. Join NorthWoods staff for this guided paddle through this unique wetland. Novice paddlers welcome. Canoes, paddles, and lifejackets provided.

**Spring Birds Series: Clyde River, Saturday, May 29, 7am- 10am, \$20**

Can't tell a sora from a sapsucker? Learn the songs, sights, habits, and habitats of our feathered summer visitors during this leisurely canoe along the diverse and beautiful Clyde River wetland complex. Observe a diversity of birds found in marsh, open water, swamp, and forest edge habitats. Binoculars and field guides available. Canoes and paddles provided.

**Open Studio Weekend, Saturday & Sunday, May 29- 30, 10am-5pm**

**Creative Charleston returns-** this time as part of the *Vermont Arts & Crafts Open Studio Weekend*- featuring the work of six local artists: Becky Laughlin & Ashley Thompson sculptures, paintings & pastels; Laura LaCroix & Kate Castle's Felt Paintings, Simon Murray's Firewood Rockers and Gail Scelza's hand-crafted jewelry. Find veggie starter plants, herbs, annuals & perennials from the Egg Farm, Frog Run Farm & Country Road Farm. Tastings of 2010 Eden Ice Cider wine, plus lunch at the NorthWoods' Creative Café.

### June

**Spring Wild Edibles, Saturday June 5, 10am- 1pm, \$15**

Veteran wild edible hunter, naturalist Pete Rodin leads this walk in search of Spring's edible wild plants, from cattail roots to marsh marigolds to fireweed's spring shoots, new tastes for the palate and a deeper understanding of what makes up the Spring woods and wetlands.

**Paddle the Kingdom: Connecticut River, Thursday, June 10, 10am, \$10**

Paddle New England's longest river and explore the northern valley lands along the Vermont/New Hampshire border. Cost is \$10/person, \$30 with canoe rental. Call for information.

**Mary Oliver Poetry Circle, Tuesday, June 15, 7pm, \$5**

Pulitzer Prize-winning poet Mary Oliver's writing focuses on the natural world and has been described as "a world of natural and spiritual luminosity". Former NorthWoods board member and minister Martha Peck facilitates this reading and discussion group and participants are encouraged to bring a favorite Oliver poem to read and explore together.

**Outdoor Adventures I: Canoe Camp, June 21 -25**

Start your High School summer vacation with a 3-day canoe trip on the Connecticut River. Camp includes ropes course training, paddle safety and instruction, outdoor and survival skills, low-impact camping techniques and fire side cooking. Scholarships Available. Contact [maria@northwoodscenter.org](mailto:maria@northwoodscenter.org).

**Trees and Shrubs of the Northern Forest, Friday, June 25, 9am-12pm, \$15**

Northern New England enjoys a diversity of woody plants from the boreal conifer forests of the north and the mixed deciduous forests of the south. Learn the summer identification and ecological roles of 20 tree and shrub species common to our region, including benefits to wildlife (and us!).

**Outdoor Adventures II: Climbing Camp, June 28 - July 2**

Enjoy climbing on high and low ropes courses, on rock, and in the mountains with NorthWoods Climbing Camp. Experience climbing, swimming, fishing, backcountry meals, and an overnight high on Burke Mountain. Combine this second week of camp with Outdoor Adventures I: Canoeing or enjoy it on its own. Scholarships Available. Contact [maria@northwoodscenter.org](mailto:maria@northwoodscenter.org).

### July

**Nature Day Camp, Week 1: July 5 - 9, Week 2: July 12-16**

All aboard the "Steward Ship"! Kids won't want to miss the NorthWoods Nature Day Camp. Guided by a unique outdoor theme, each day is packed with fun activities, including: forest and stream exploration, hiking, ropes course, fishing, archery, crafts and more, and concluding with an optional campout Thursday night (parents welcome). Join us for one week or two! Scholarships available. Contact [maria@northwoodscenter.org](mailto:maria@northwoodscenter.org) to register.

**Ferns of Willoughby State Forest, Friday, July 9, 9am-1pm \$20**

Retired Lyndon State College professor and fern specialist Dave Conant will lead this exploration of the forests around Lake Willoughby, addressing such topics as fern identification, uses, and fern ecology. Please register to obtain directions.

**Bats in Peril: White Nosed Syndrome, Thursday, July 22, 7pm, \$5**

White-nose Syndrome (WNS) has contributed to the death of millions of hibernating bats in eastern North America and continues to spread in Vermont, southern Canada and as far south as Tennessee. UVM Mammalogist Bill Kilpatrick will update us on the current knowledge of the syndrome, the status of Vermont's bat population, and ongoing research.

**Renewable Energy in the Land of the Dragon, Friday, July 16, 7pm, \$5**

China is the world's most populous nation, one of the fastest growing economies and among the largest consumers of energy. Using information and images from his 2009 trip to China, Lyndon State College professor Dr. Benjamin Luce will discuss the potentially devastating global impacts of China's energy trends and its efforts towards energy sustainability.

**Full Moon Paddle, Monday, July 26, 7pm, \$10**

Enjoy a guided moonlit canoe through the backwaters and wetlands of the Clyde River. Novice paddlers welcome. Canoes, paddles, and PFD's provided.

**Staying Connected: Worcester's-Northeast Kingdom Linkage,**

Thursday, July 29, 7pm, \$5

Join the National Wildlife Federation, Vermont Land Trust, and NorthWoods for a discussion on conservation and wildlife corridors in the Northeast Kingdom. Chip Knight of NWF will present an overview of the program his organization is leading in cooperation with a four-state biodiversity initiative. *Sign up for our e-newsletter for more information.*

### August

**Survival Day Camp, August 2 - 6**

Take the NorthWoods Survival Challenge and join us for our first-ever Survival Day Camp. Learn traditional fire building and camp craft, design survival shelters, navigate by map, compass, and canoe, and discover safe backcountry travel and wilderness ethics. Optional overnight with night walks and campfire cooking scheduled for Thursday evening. Scholarships Available. Contact [maria@northwoodscenter.org](mailto:maria@northwoodscenter.org) to register.

**Living on the Land: Seed Saving, Saturday, August 7, 10am-1pm, \$15**

Until recently most gardeners saved their own seeds. Join local gardener Penelope Newcomb and learn to harvest, wet and dry process, clean and store the seeds of many garden vegetables and herbs. Become self-reliant, help the plants that help you, and be a part of the ancient practice of seed saving. Contact [maria@northwoodscenter.org](mailto:maria@northwoodscenter.org) to register and for directions.

**NorthWoods Annual Celebration, Saturday, August 21, by donation**

Join NorthWoods for a celebration of northern communities and people with this annual event honoring volunteers, friends, community members and program participants. Enjoy good food, good music and good company and support NorthWoods on a summer Saturday evening.

**Late Summer Wild Edibles, Saturday August 21, 10am - 2pm, \$15**

Bring something new to the palate and to your understanding of the Vermont woods with this walk with veteran wild edible hunter, Pete Rodin. Contact [maria@northwoodscenter.org](mailto:maria@northwoodscenter.org) to register and for directions.

**Medicinal Herbs, Sunday, August 22, 1pm - 4pm, \$15**

Local herbalist Sarah Damsell leads this hands-on introduction to the world of medicinal herbs with tips on harvesting and storing and making a take-home tincture. Find the roots of health care and discover uses and applications of local herbs and the origins of our modern pharmacopoeia.

**Paddle the Kingdom: Missisquoi River, Friday, August 27, 10am, \$10**

One of the principle drainages in the Lake Champlain Basin, the Missisquoi River offers varied paddling on the edge of the Kingdom. Explore the forests, farmlands and riparian habitats of this rural river. Cost is \$10/person, \$30 with canoe rental. Call for information. (*Don't miss the culmination of this series in September: Paddle Beyond the Kingdom: Androscoggin River.*)

### NorthWoods Reservation Policy

NorthWoods seeks to offer a wide variety of stimulating and educational programs. While we do not require deposits for most workshops, we do ask that participants REGISTER IN ADVANCE to let us know how many people are participating and how to contact you if there is a cancellation, scheduling change, or change in location for a given program. You can help by registering at least ONE FULL DAY (24 hours) in advance of a program and providing your name and the best way to reach you. We will confirm your registration and contact you in the event of a change. We appreciate your patience and thank you for supporting NorthWoods. Check the NorthWoods website anytime for recent program changes.

Please call 802-723-6551 ext. 115 or email [events@northwoodscenter.org](mailto:events@northwoodscenter.org) to register for programs.

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